

There's an incredible energy and collective wisdom when doing group coaching that's different from 1:1 session.

Group Coaching is a powerful way of being inclusive in a tribe of people with similar values, beliefs, and using your expertise to assist others within the tribe who want to succeed – *amazing things do happen*.

Being part of a tribe means you have access to different viewpoints and approaches to problems and challenges. You get to expand your network of valuable connections. You get to give and receive help and support. You get to experience that priceless feeling of being part of something bigger, something greater than yourself, as you journey on an exponential progress and momentum in your business and in your life.

In preparation for our group coaching session, kindly answer these questions and return them to me so I can prepare for our session.

1.	Who do you wish to become?
2.	What are your principles and values?



3.	What do you stand for?
4.	What changes will get you closer to your goal?
5.	What habits will keep you on track?
J.	what habits will keep you on track:

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If you want to go fast go alone, if you want to go far, go together.

- African Proverb



6.	How will you monitor your progress with this habit?
7.	What one thing will impact your habit for best consistency?
8.	How often do your give feedback to your accountability partner?

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9.	Do you keep a victory journal? It so why and it not, why?